The philosophy of Budo

I personally disagree with the current competitive aspects of modern martial arts, as a rule. Instead of competing, I prefer completing. What things can I do for myself that will make me a better person? What things can I do for another person that will make them better as a human being? The philosophy of Budo, and for that matter, Karate, has generally been – as a rule – that of perfecting one's character through discipline and mindfulness towards others. Below is a great article I found on such a topic -

http://www.kawanabekaratedo.com/pages/philosophy/index.html